



Checklist for Therapeutic Use Exemption (TUE) Application:

Inflammatory Bowel Disease

Prohibited Substances: Glucocorticoids

ADO
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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	TUE Application form must include:
<input type="checkbox"/>	All sections completed in legible handwriting
<input type="checkbox"/>	All information submitted in [language(s) as per ADO preferences]
<input type="checkbox"/>	A signature from the applying physician
<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	Medical report should include details of:
<input type="checkbox"/>	Medical history, family history, relevant signs and symptoms, age at onset, and subsequent course of disease.
<input type="checkbox"/>	Physical examination and results of specific investigations (serology, radiology, endoscopy, hi-tech imaging, histology)
<input type="checkbox"/>	Interpretation of results by a specialist (Gastroenterologist) and applicable diagnostic indices (e.g., SCCA, CDAI, HBI)
<input type="checkbox"/>	Use of systemic glucocorticoids (including dosage, frequency, administration route)
<input type="checkbox"/>	Response to treatment (control and frequency of flare-ups/remission)
<input type="checkbox"/>	Use of permitted immunomodulators and biologicals
<input type="checkbox"/>	Diagnostic test results should include copies of:
<input type="checkbox"/>	Relevant laboratory tests (e.g., serology, stool/hemocult test)
<input type="checkbox"/>	Imaging results (X-ray, barium enema, gastroscopy, enteroscopy, colonoscopy, CT scan, MRI)
<input type="checkbox"/>	Histology results from biopsy
<input type="checkbox"/>	Additional information included
<input type="checkbox"/>	As per ADO specification