

# The 2026 Monitoring Program\*

The following substances are placed on the 2026 Monitoring Program:

## 1. Anabolic Agents:

*In* and *Out-of-Competition*: Ecdysterone

## 2. Peptides Hormones, Growth Factors, Related Substances, and Mimetics:

*In* and *Out-of-Competition*: Gonadotrophin-releasing hormone (GnRH) analogues in females under 18 years only.

## 3. Hypoxen (polyhydroxyphenylene thiosulfonate sodium):

*In* and *Out-of-Competition*

## 4. Stimulants:

*In-Competition only*: Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.

## 5. Narcotics:

*In-Competition only*: Codeine, demorphan (and its analogues), dihydrocodeine, hydrocodone and tapentadol

*Out-of-Competition*: Fentanyl and tramadol

## 6. Markers of Semaglutide and Tirzepatide:

*In* and *Out-of-Competition*

\*The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect potential patterns of misuse in sport."

# 2026 監控計畫\*

下列物質列入2026年監控計畫

## 1. 同化性製劑：

隨時監控 (賽內與賽外)：Ecdysterone

## 2. 胜肽荷爾蒙、生長因子、其他相關物質與相似物：

隨時監控 (賽內與賽外)：僅監測 18 歲以下女性體內之促性腺激素釋放激素 ( GnRH ) 類似物。

## 3. Hypoxen (polyhydroxyphenylene thiosulfonate sodium):

隨時監控 (賽內與賽外)

## 4. 興奮劑：

僅賽內監控：安非他酮、咖啡因、尼古丁、phenylephrine、phenylpropanolamine、pipradrol 及 synephrine。

## 5. 麻醉性止痛劑：

僅賽內監控：可待因, demorphin (及其類似物), dihydrocodeine, hydrocodone 及 tapentadol

賽外：芬太尼 及 tramadol

## 6. Semaglutide 與 Tirzepatide 的生物標誌物：

隨時監控(賽內與賽外)

\*依世界運動禁藥管制規範 ( 第4.5條 ) 揭示：「世界運動禁藥管制組織應與規範簽署單位及政府協商監控未列在運動禁藥清單之物質，以瞭解運動選手濫用藥物之情形。」