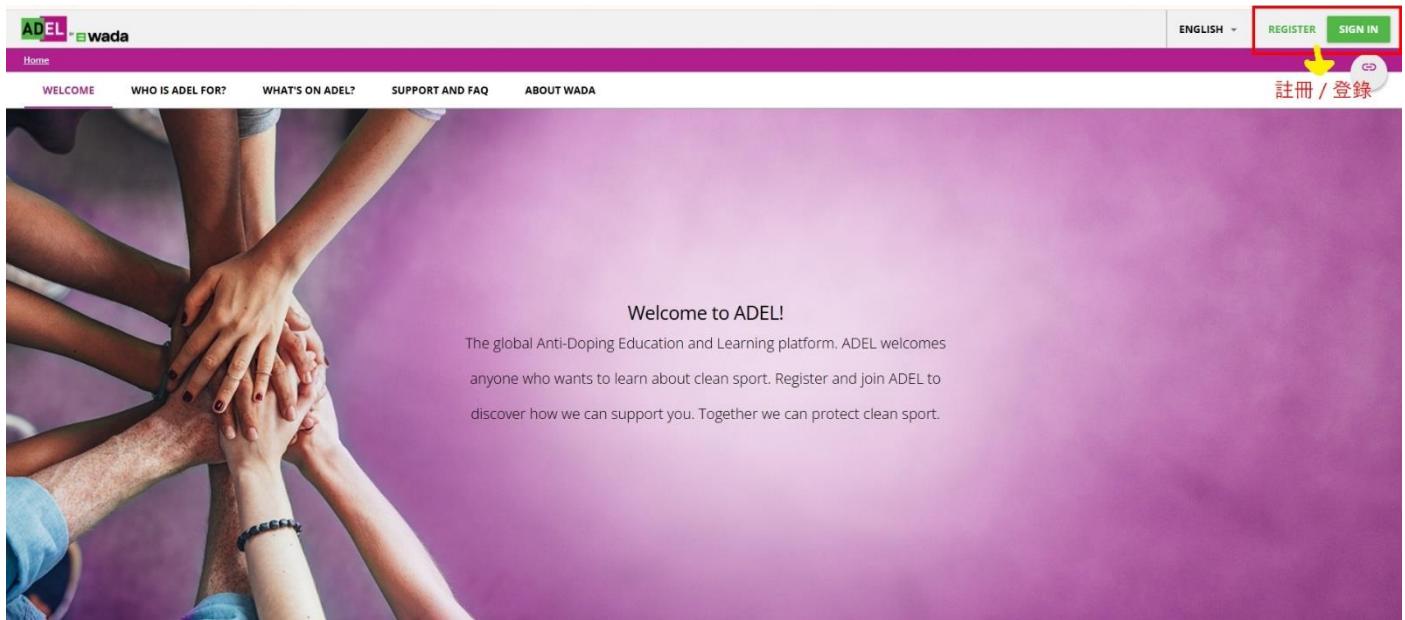


ADEL 平台操作手冊

ADEL 平台連結: <https://adel.wada-ama.org/learn/signin>

步驟一、註冊&登錄:點選右上角(register:註冊 / sign in:登錄)。



步驟二、

(一)登錄:輸入好使用者名稱(email)及密碼後，點選登錄進入頁面。若忘記登錄資料，請點選「忘記密碼或使用者名稱」。

Sign in ×

Please insert your username and password to proceed

Username (required) **使用者名稱(email)**

● Fill in your username

Password (required) **(密碼)** ○

● Fill in your password

SIGN IN (登錄)

[Forgot your password or username?](#)
忘記密碼或使用者名稱

POWER USERS SIGN IN

New to ADEL? [Register here](#)

(二)註冊:

1. 新使用者請點選網頁右上「註冊」，進行資料填寫。「身份」下拉選單部份除選手外，尚有教練(coach)、醫療專業人員(medical professionals)、家長(parents)等，請依自己身份選取。
2. 使用者名稱及姓名部分可填中文。欲參加全國賽者，姓名部分請以中文填寫。
3. 密碼至少 10 位，包含英文及數字，且不能與使用者名稱相同。
4. 閱讀完後請勾選隱私政策與使用條款聲明。完成後請按「下一步」。

Register here 註冊 ×

IMPORTANT: *The account of athletes under 18 must use a valid parent or guardian's email address. **For access to the CISPR resources, please select the role: 05 - Anti-Doping Practitioners

1 User profile 使用者資料 — **2 Additional fields**

Username (required) **使用者名稱** Email (required)

First name (required) **名字** Last name (required) **姓氏**

Password (required) **密碼** Retype password (required) **再次確認密碼**

Language (required) **語言** Time zone (GMT +08:00) Asia/Taipei

Role **身份** 01 - Athletes **運動員**

I read and understood the ADEL Privacy Policy and accept its terms. [View privacy policy](#) (required)

I read and understood the ADEL Terms of Use and accept them. [View terms and conditions](#) (required)

隱私政策 **使用條款**

Already registered? [Sign in](#)

下一步 NEXT

2. 請依序填寫第二頁欄位。運動員等級請參照下方文字敘述選取。

全中運：國中生→潛力運動員；高中生→青少/青年運動員

全大運、全運、全民運：國家級運動員

具有國家培訓隊或國家代表隊：國際級運動員

填寫完畢後，請點選最右下方註冊。

Register here X

IMPORTANT: *The account of athletes under 18 must use a valid parent or guardian's email address. **For access to the CISPR resources, please select the role: 05 - Anti-Doping Practitioners

User profile 2 Additional fields

Sport (required) 運動項目 Level in sport (Athlete) (required) 運動員等級

Country (required) 國家 領域/訓練 Discipline 無需填寫

CHINESE TAIPEI

Gender 性別 Age range (required) 年齡層

Course/Resource Language (required) 課程/資料語言 0 / 255

繁體中文/Chinese Traditional

Already registered? [Sign in](#)

PREVIOUS CANCEL 註冊
 REGISTER HERE

**上表運動員等級分類選單內容：

Children and school sport (Young children in sport at school or club) 小孩和學校運動

International-level athlete (competing internationally - Major Games) 國際級

National-level athlete (competing nationally – leagues or competitions) 國家級

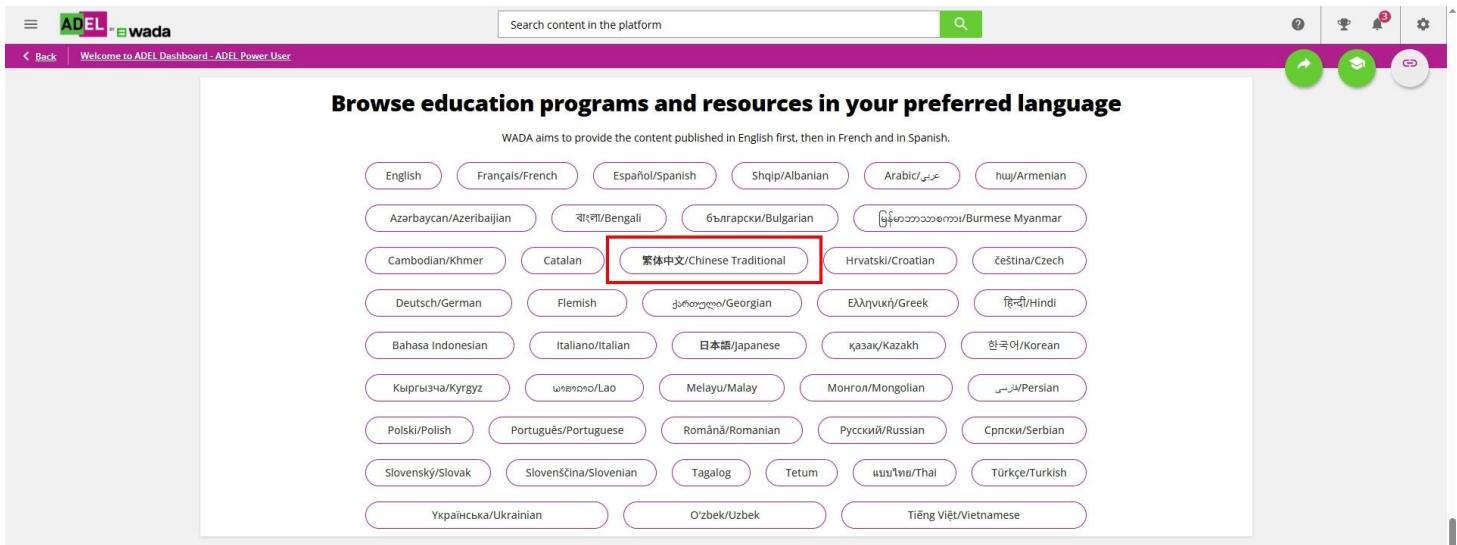
Talented athlete (identified as talented/having potential) 潛力運動員

Youth athlete (Older children in sport at school or club) 青少or青年運動員

步驟三、課程選取：登入後，頁面拉至最底選取「繁體中文」→進入中文課程頁面後，即可選取想學習的主題。

參與全中、全大運、全運、全民運、國內聯賽等運動員請選擇「優秀運動員參加大型

賽事」課程。



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Browse education programs and resources in your preferred language

WADA aims to provide the content published in English first, then in French and in Spanish.

English Français/French Español/Spanish Shqip/Albanian Arabic/Armenian huյ/Armenian

Azərbaycan/Azerbaijan বাংলা/Bengali български/Bulgarian မြန်မာဘာသာ/Burmese Myanmar

Cambodian/Khmer Catalan 繁体中文/Chinese Traditional Hrvatski/Croatian čeština/Czech

Deutsch/German Flemish ქართველი/Georgian Ελληνική/Greek ହିନ୍ଦୀ/Hindi

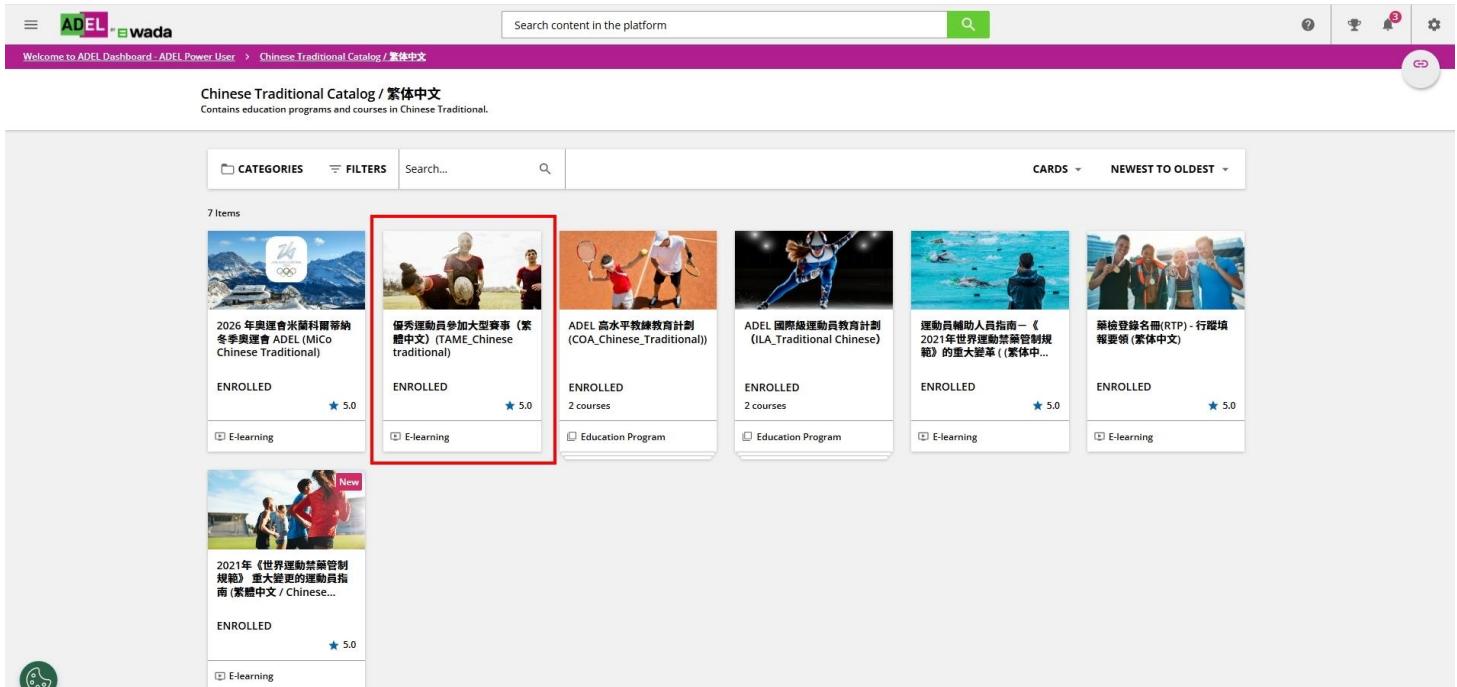
Bahasa Indonesian Italiano/Italian 日本語/Japanese қазақ/Kazakh 한국어/Korean

Қыргызча/Kyrgyz ວັນລາວ/Lao Melayu/Malay Монгол/Mongolian پارسی/Persian

Polski/Polish Português/Portuguese Română/Romanian Русский/Russian Српски/Serbian

Slovenský/Slovak Slovenčina/Slovenian Tagalog Tetum ພັນຍາ/Thai Türkçe/Turkish

Українська/Ukrainian O'zbek/Uzbek Tiếng Việt/Vietnamese



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Contains education programs and courses in Chinese Traditional.

CATEGORIES FILTERS Search... CARDS NEWEST TO OLDEST

7 Items

Thumbnail	Name	Status	Rating	Actions
	2026 年度奧運會米蘭科爾蒂納冬季奧運會 ADEL (MiCo Chinese Traditional)	ENROLLED	★ 5.0	<input type="checkbox"/> E-learning
	優秀運動員參加大型賽事 (繁體中文) (TAME_Chinese traditional)	ENROLLED	★ 5.0	<input type="checkbox"/> E-learning
	ADEL 高水平教練教育計劃 (COA_Chinese Traditional)	ENROLLED	2 courses	<input type="checkbox"/> Education Program
	ADEL 國際級運動員教育計劃 (ILA_Chinese Traditional)	ENROLLED	2 courses	<input type="checkbox"/> Education Program
	運動員輔助員指南 – 《2023 年世界運動禁藥管制規範》重大變更的運動員指南 (繁體中文)	ENROLLED	★ 5.0	<input type="checkbox"/> E-learning
	藥檢登錄名冊 (RTP) - 行體填報要領 (繁體中文)	ENROLLED	★ 5.0	<input type="checkbox"/> E-learning
	2021 年《世界運動禁藥管制規範》重大變更的運動員指南 (繁體中文) / Chinese...	ENROLLED	★ 5.0	<input type="checkbox"/> E-learning

開始課程後，完成的章節會標記打勾(如下圖頁面左邊所示)。

每個課程最後皆有測驗，通過分數為 80 分。

證書下載：請點選頁面右上方即可下載(如下圖頁面右上框所示)。

The screenshot shows a course completion summary on the left with a list of completed lessons (marked with a checkmark): 欢迎! (Welcome!), 首先第一件事 (First thing first!), 參與乾淨運動最佳建議 (Best practices for clean sport participation), 大型賽會中的檢測 (Testing at major events), 最後的話 (Final words), and 測驗 (Quiz). A red box highlights this list. In the center is a large circular progress chart with a purple checkmark pointing to the text '您的分數 90%' (Your score 90%). To the right, a box titled 'Achievements' shows a 'Certificate' message: 'You earned the course certificate' with a 'Download certificate' button, which is also highlighted with a red box. A red box also highlights the 'Download certificate' button in the achievements box. The top right corner of the page has navigation buttons: 'Previous lesson', 'Next lesson', and a search icon.

證書樣式入下圖：



*其他功能- 修正個人資料、密碼，查詢個人學習紀錄。

如有需修正個人資料，請點選「個資(MY PROFILE)」進行修正。

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My Profile

YL

Country: CHINESE TAIPEI

Sport: [redacted]

變更密碼

MY ACTIVITIES

學習歷程

個資

CHANGE PASSWORD

MY PROFILE